

MARCH 2020

Ramapo Senior Activity Center, 484 New Hempstead Road, New City, NY 10956 (845) 356-2244

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>2</p> <p>10:30 Puzzles/Games 11:00 Learn to Crochet w/Fran 11:00 Exercise w/Miriam 1:00 Christmas Tree Shop</p>	<p>3</p> <p>10:30 Puzzles/Games 10:30 Wii Bowling 11:00 Pokeno 12:30 Proj. Council Mtg 1:00 Bingo</p>	<p>4</p> <p>10:30 Nutritionist Rebecca Radchy 11:30 Chair Yoga 1:00 Winter Salads w/Aileen</p>	<p>5</p> <p>10:30 Coupon Club 10:30 Puzzles/Games 11:00 Let's Play: Trivia 1:00 Shopping at ShopRite</p>	<p>6</p> <p>50/50 Friday 10:30 Puzzles/Games 11:00 Bingo 1:00 Entertainment w/Peter Holmgren</p>	<p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>Thursdays are center spirit day – wear your blue shirts!</p> <p>Save the Date: 4/7: OFA Emergency Preparedness 4/8: Empire Casino 4/29: Westchester Broadway Theatre</p>
<p>9</p> <p>10:30 Puzzles/Games 11:00 Reverend Darden Visits 1:00 Exercise w/Dolan</p>	<p>10</p> <p>10:30 Puzzles/Games 10:30 Wii Bowling 11:00 Pokeno 1:00 Shopping at Dollar Store</p>	<p>11</p> <p>Free Costco Bread Day 11:00 Exercise w/Charlese: Rosemary Clooney 1:00 Let's Play: The Price is Right</p>	<p>12</p> <p>10:30 Coupon Club 10:30 Puzzles/Games 11:00 Bingo 1:00 Shopping at ShopRite</p>	<p>13</p> <p>10:30 Puzzles/Games 10:30 BP Check 11:00 Group Crossword 1:00 Visit Jacob Blauvelt House (pre-register \$5)</p>	
<p>16</p> <p>10:30 Puzzles/Games 11:00 Bingo 1:00 Shopping at Dollar Store (Valley Cottage)</p>	<p>17</p> <p>10:30 Puzzles/Games 10:30 Wii Bowling 11:00 Entertainment w/George Tuzzeo 12:00 St. Patrick's Day Meal 1:00 Pokeno</p>	<p>18</p> <p>10:30 Puzzles/Games 11:00 Bowling – New City Bowl (\$3/game) 11:00 Bingo 12:00 March B-Days 1:00 Shopping at Kohl's</p>	<p>19</p> <p>10:30 Coupon Club 10:30 Social Worker Visits 11:00 Nutrition w/Gitty 1:00 Shopping at ShopRite</p>	<p>20</p> <p>10:30 Puzzles/Games 11:00 Therapeutic Drums w/Connie 1:00 Craft w/Aileen</p>	
<p>23</p> <p>10:30 Puzzles/Games 11:00 Let's Play: Spanish Bingo 1:00 Chair Yoga 1:45 Center Council Meeting</p>	<p>24</p> <p>10:30 Puzzles/Games 10:30 Wii Bowling 11:00 Pokeno 1:00 Shopping at Dollar Store</p>	<p>25</p> <p>10:30 Exercise w/Charlese: Frankie Valli 12:00 Shopping at "That Nothing be Lost" Thrift Shop</p>	<p>26</p> <p>10:30 Coupon Club 10:30 Puzzles/Games 11:00 Exercise w/Dolan 1:00 Shopping at ShopRite</p>	<p>27</p> <p>10:30 Puzzles/Games 11:30 Lunch at Mia Cucina (pre-register \$21)</p>	
<p>30</p> <p>10:30 Puzzles/Games 11:00 Tai Chi w/John Hood 1:00 Shopping at Trader Joe's</p>	<p>31</p> <p>10:30 Puzzles/Games 11:00 Wii Bowling 11:00 Pokeno 1:00 Bingo</p>				

The Ramapo Senior Centers Program is a Division of Meals on Wheels Programs & Services of Rockland County. Funding provided (in part) by the Rockland County Office for the Aging, Administration on Aging, New York State Office for the Aging, and the County of Rockland.