

We invite our participants, volunteers, supporters, and staff to enjoy the December 2014 issue of our E-Newsletter. Please take a moment to read about recent news.

Medicare Changes for 2015: What You Need to Know



Millions of Medicare recipients could be hit with rising prescription drug premium costs in 2015. Nearly 10 million people now enrolled in six of the ten largest Part D drug plans face premium increases ranging from 11 to 52 percent. [Please click here to read about the 2015 changes.](#)

Congresswoman Lowey's Visit Highlights Nutrition Program Needs



Welcome Don Hammond

Meals on Wheels welcomes the agency's new President & CEO, Dr. Don Hammond. Please [click here](#) to read Don's bio.



Please Donate Your Free Supermarket Turkey!

Meals on Wheels will gratefully accept donations of frozen turkeys that will be used to prepare Holiday meals for hundreds of home bound seniors. Turkeys can be dropped off at our 121 West Nyack Road office Monday to Friday between 8:30 a.m. and 4:30 p.m. If you have any

Congresswoman Nita M. Lowey, the Ranking Member on the House Appropriations Committee visited Meals on Wheels on Monday, November 24th to highlight the impact of federal nutrition program funding on the well-being of Rockland seniors during the holiday season. Please [click here](#) to read more about Congresswoman's visit to Meals on Wheels. As of now, U.S. Senate and House Appropriations leaders unveiled a bipartisan Fiscal Year 2015 spending agreement that if enacted, would maintain current levels of funding for Older Americans Act Nutrition Programs.

questions please call (845) 624-6325.



Thank you!

Welcome New Board Member

Meals on Wheels welcomes Ralph Berk to the Board of Directors.



Please [click here](#) to read more about Ralph.

Herb Kurz Remembered



Herb and Edythe Kurz

Meals on Wheels is saddened by the news of the passing of well-known Rockland philanthropist and long-time Meals on wheels supporter Herb Kurz. Please [click here](#) to read more about Mr. Kurz.

Wells Fargo Offers Continued Support



Rajaa Rodriguez, Pat Parejo and Bill Tullio from Wells Fargo present Meals on Wheels' Don Hammond and Maddy Schiering with a check.

Meals on Wheels is pleased to announce the receipt of \$8,500 in financial support from **Wells Fargo**. The agency truly appreciates Wells Fargo's continued and very generous support over the past several years.

PDI/Nice-Pak and Subaru "Share the Love" This Holiday Season



PDI/Nice-Pak Associates "Stuff the Trunk"

Thank you to PDI/Nice-Pak for hosting a "stuff the trunk" event at the company's annual Turkey Bowl Holiday gathering at their worldwide headquarters in

SAVE THE DATE

Please save the date of Saturday, March 21st, 2015 for an evening **Art Auction** to benefit Meals on Wheels Programs & Services of Rockland!



More Information To Follow!

Support Meals on Wheels

Our programs and services are only possible with support of generous donations. Please consider commemorating a special occasion or sending a message of sympathy with a donation to Meals on Wheels.

Make a tax-deductible on-line contribution today by [clicking here.](#)

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Orangeburg, N.Y. Company associates donated over 50 Blizzard Bags for Meals on Wheels' homebound meal delivery program recipients!

Subaru Ladles of Love Day with First Niagara



Meals on Wheels has partnered with First Niagara and Subaru this holiday season to help fight senior hunger. A "Ladles of Love" event was held Monday, December 15th at the Spring Valley branch of First Niagara. 80 bowls of nutritious and delicious chicken noodle soup were distributed at the event. Meals on Wheels will continue its monthly free soup day at various county locations.

#Giving Tuesday Yields Donations

Estate Planning

Did you know that there may be tax and other benefits in making a planned gift to Meals on Wheels? Planned gifts may include bequests, charitable gift annuities, gifts of stock, and gifts of life insurance for example. For more information, please [click here](#) or contact *Marie Porrovecchio* at (845) 624-6325 .

2014 Employee of the Year

Congratulations to our 2014 Employee of the Year, Volunteer Coordinator Sharon Martini!



Sharon Martini with Jim Burton

To read the list of the rest of the Meals on Wheels staff members recognized in 2014, please [click here](#).



Meals on Wheels is pleased to announce that the agency's #GivingTuesday campaign raised over \$1,500 to support the agency's programs and services. Thank you to all who participated by either donating or posting an "unselfie" photo during the campaign. Although Giving Tuesday is now a memory, the agency of course accepts much needed contributions year round, and if you would still like to make a donation, [please click here now.](#)

St. Anthony's Students Support Meals on Wheels for Over 20 Years



Thank you to St. Anthony's School in Nanuet for donating over 200 Blizzard Boxes for our homebound meal delivery participants! The agency is very grateful to the St. Anthony's School, whose students have been

Meals on Wheels Grateful for More Recent Grants Received.

Meals on Wheels is pleased to announce the receipt of the following grants:

\$1,900 Opportunity Based grant from the Meals on Wheels Association of America made possible by Subaru.

\$1,000 from The Harry Donenfeld Foundation

\$650 from the Wallerstein Foundation for Geriatric Life Improvement



Thank you!

donating packages of non-perishable foods for those in need to Meals on Wheels for over two decades.

November Driver of the Month

Congratulations to our November Driver of the Month, Gus Jacquez!



Gus Jacquez

To read more about Gus, please [click here](#).

Thank You to Home Instead

Thank you to the Home Instead associates who made winter-themed cards to be used as tray favors for our Homebound Meal Delivery Program participants.



The associates took time out at their agency's holiday celebration to think of others!

Masons Tappan Zee Lodge #79 Support Seniors



Thank you to the Masons from Tappan Zee Lodge #79 who continued years of tradition by preparing, delivering and serving a full Thanksgiving dinner to dozens of seniors at the Clarkstown/Pearl River Senior Center last month.

New City Rotary Presents Check to Meals on Wheels



New City Rotary President, Larry Luxenberg, presents a check to Meals on Wheels' VP of Operations Jim Burton.

Meals on Wheels Programs & Services of Rockland was very pleased to recently accept a \$2,000 contribution from the New City Rotary. The donation is earmarked for the agency's Homebound Meal Delivery Waiting List Relief program.

We hope you enjoy the newsletter, and we welcome your feedback.

[Meals on Wheels Programs and Services of Rockland](#)

Alzheimer's Association a Great Resource

The Alzheimer's Association, *Hudson Valley/Rockland/Westchester, NY Chapter*, offers educational programs, a helpline, support groups, care consultation, professional training and more!

alzheimer's association

For more information on the Alzheimer's Association and their programs, please [click here](#).

Subscribe to Office for the Aging Newsletter

Looking Forward is an informative bi-monthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



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