

Meals on Wheels Programs & Services E-Newsletter

December 2013

We invite our participants, volunteers, supporters, and staff to enjoy the December 2013 issue of our E-Newsletter. Please take a moment to read about recent agency news.

Share a Piece of the Pie Program Prospers



CEO Barbara Kohlhausen and Board Member Cheryl Mallon get ready to deliver pies.

Meals on Wheels is pleased to report that its annual pie sale program increased sales by almost 50%. The agency sold a record 1,815 pies to individuals and county businesses. Each pie sold helped to provide a holiday meal for a home bound individual in Rockland. In addition, many companies and individuals donated pies back to the agency to make even more of an impact!

Senior Benefits May Be Cut Further

Nearly three million seniors who participate in the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps) recently had their monthly benefits reduced.

Perhaps even more concerning, Congress and the Farm Bill Conference Committee are debating proposals that would cut the program even more. To reduce the impact of these cuts, contact members of Congress working on the Bill and let them know that America's seniors can't afford any more cuts to SNAP. [Click here](#) for a full list of those members.

A Worry-Free Way for Seniors to Stay Connected

Assurance Wireless, is partnering with Meals on Wheels Association of America to provide **FREE cell service** to low-income eligible seniors. In a world where many seniors are struggling for access to basic needs Assurance Wireless can help them stay connected to family, friends and emergency services.

[Click here](#) for more information.



Researchers Gain Access to Alzheimer's Disease Data

Earlier this month the National Institute for Health (NIH) announced that researchers can now freely access data from the Alzheimer's Disease Sequencing Project. This project is one of the first undertaken in an intensified national program of research to prevent or effectively treat Alzheimer's.



Corporate Supporter Offers Volunteers & Funds



A heartfelt thank you to *PDI in Orangeburg, NY*. 15 employees delivered dozens of nutritious meals to the homebound last month as well as volunteered in our agency commissary and at our Clarkstown/Pearl River Senior Center. To top it off, *Matt Schiering*, Vice-President & General Manager of Sani Professional, a division of PDI, presented Board President *Stan Schwarz*, President & CEO *Barbara Kohlhausen*, and Volunteer Coordinator *Sharon Martini* with a check for \$6,000 for the agency's Homebound Meal Delivery Program.



Please [click here](#) to learn more.

Support Meals on Wheels

Our programs and services are only possible with support of generous donations. [Consider commemorating a special occasion or sending a message of sympathy](#) with a donation to Meals on Wheels.

Please consider making a tax-deductible on-line contribution today by [clicking here](#).

Like us on **Facebook** 

[Join Our Mailing List!](#)

Employee of the Year!

Congratulations to *Pierre Opont*, a 22 year veteran of Meals on Wheels. Pierre was recognized as the **2013 Employee of the Year**

at the agency staff and board holiday gathering last week. Please [click here](#) for a full list of the 2013 staff awards.

Share the Love with Subaru



Subaru's "Share the Love" event helps deliver nutritious meals and compassion to seniors. The Subaru "Share the Love" event runs from November 21, 2013 to January 2, 2014. Subaru is donating \$250 for every new Subaru vehicle sold or leased during "Share the Love" to the customer's choice of charity, including Meals On Wheels Association of America. Test Drive a Subaru this weekend at your local dealership!

Call for Frozen Turkeys Answered

Meals on Wheels is very grateful to the *Bodner Family* for a wonderful donation of 30 frozen turkeys. Their generosity will help make the holidays even more special for those served by the agency!



The Bodner Family



Pierre Opont accepts his award from Jim Burton & Barbara Kohlhausen

Estate Planning

Did you know that there may be tax and other benefits in making a planned gift to Meals on Wheels? Planned gifts may include bequests, charitable gift annuities, gifts of stock, and gifts life insurance for example. For more information, please [click here](#) or contact Marie Porrovecchio at (845) 624-6325 .

Rockland County TRIAD helps reduce crimes against seniors

Rockland County TRIAD is a joint effort of local police, the Sheriff's office, and the AARP to reduce criminal victimization of seniors in our community.



Visit the Rockland County TRIAD's website [HERE](#) to learn more.

United Water Foundation Supports Meals on Wheels



Meals on Wheels gratefully acknowledges the very generous grant contribution of \$18,200 towards the Homebound Meal Delivery Program. This grant will help us provide 2,600 meals and will truly make a difference for Rockland seniors.

Girl Scouts Support the Homebound



Girl Scout Troop 40125

Girl Scout Junior Troop 40125 from Pearl River helped wrap and decorate "Blizzard Boxes" for the agency's emergency shelf-stable food program, which helps ensure that the agency's home bound recipients have a sufficient supply of non-perishable food items in case of a weather related or other type of emergency.

Grants toward the Home Bound Program

Meals on Wheels is pleased to announce the receipt of a \$1,000 grant from the Emergency Food and Shelter Program through the *United Way of Rockland* and a PATH grant for \$1,000 from the *Cornell Cooperative Extension Association of Rockland County*.



Tips for Staying Safe & Healthy this Winter

The Rockland County Healthy Neighborhood Program is a free program for seniors, low-income residents, and at-risk families that helps reduce health and safety risks in the home. For more information, call the Healthy Neighborhood Program at 845/364-3292.

Visit the Health Department's website [HERE](#) to learn more about protecting yourself from the flu.

Walmart Focuses on Hunger Relief



The Walmart Foundation and the New York Advisory Council of the Foundation's State Giving Program have generously donated \$25,000 in support of the agency's Homebound Meal Delivery Program. Walmart is an ardent supporter of hunger relief as this is an integral part of the Foundation's work. Meals on Wheels Programs & Services of Rockland is very grateful for the Foundation's continued support.



We hope you enjoy the newsletter, and we welcome your feedback.

[Meals on Wheels Programs and Services of Rockland](#)

Subscribe to Office for the Aging Newsletter

Looking Forward is an informative bimonthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



[Click here for information on how to subscribe](#)