

We invite our participants, volunteers, supporters, and staff to enjoy the August 2014 issue of our E-Newsletter. Please take a moment to read about recent news.

### Milestone Birthdays Celebrated



Meals on Wheels Thorpe Senior Center members celebrating milestone birthdays.

Ten members of Meals on Wheels Thorpe Senior Center celebrated a milestone birthday with fellow members, family, and Meals on Wheels staff on August 13th at the Casa Mia Manor House. A lovely day was had by all!

### Attention Amazon Shoppers!



Amazon will **donate 0.5% of the price of your eligible AmazonSmile purchases** to Meals on Wheels whenever you shop on AmazonSmile. AmazonSmile is the same as Amazon.com- same products, same prices, same services but with the added benefit of supporting Meals on Wheels.

[Please click here to sign up for AmazonSmile today!](#)

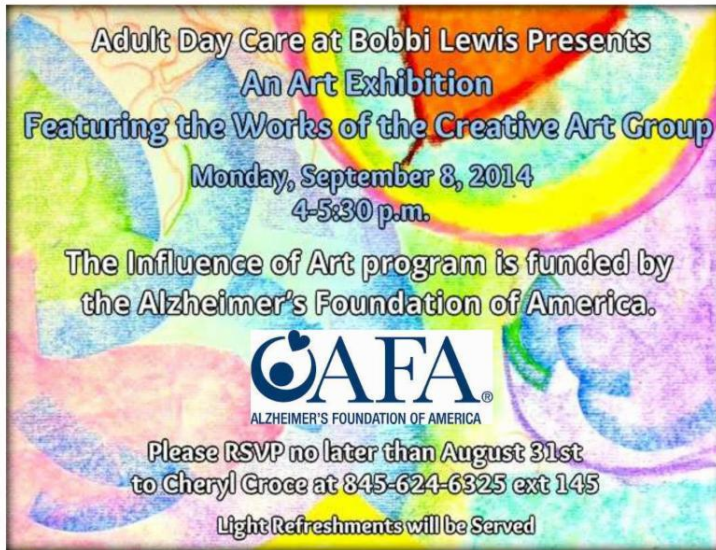
### Be in It to Win It!

The Meals on Wheels "Super Raffle" offers a maximum of **only 300 raffle tickets sold and the chance to win a grand prize of up to \$10,000!**

Please contact Marie at 845/624-6325 or at [mporrovecchio@mowrockland.org](mailto:mporrovecchio@mowrockland.org) for more information or to participate (must be 18 or older). The winner will be drawn at the Harvest Moon Grand Reception on September 28th, but you need not be present to win.




## You're Invited to an Art Exhibition!



Adult Day Care at Bobbi Lewis Presents  
An Art Exhibition  
Featuring the Works of the Creative Art Group  
Monday, September 8, 2014  
4-5:30 p.m.

The Influence of Art program is funded by  
the Alzheimer's Foundation of America.



ALZHEIMER'S FOUNDATION OF AMERICA

Please RSVP no later than August 31st  
to Cheryl Groce at 845-624-6325 ext 145  
Light Refreshments will be Served

## Help us Celebrate our 40th Anniversary at the 2014 Harvest Moon Grand Reception

Join us and our distinguished honorees, Kevin Mahoney and Better Homes & Gardens Rand Realty, on  
**Sunday, September 28th, 4:30 p.m. to 8:30 p.m.**  
**at the Colonial Inn in Norwood, NJ.**  
Please contact Marie at  
[mporrovecchio@mowrockland.org](mailto:mporrovecchio@mowrockland.org) or at 845/624-6325 for tickets or for more information.

## Subscribe to Our RSS News Feed

### What is RSS?

RSS (Rich Site Summary) is a format for delivering regularly changing web content.

### Benefits of Using RSS?

It allows you to easily stay informed by retrieving the latest information about the organization. You will receive notifications every time new information is posted to the Meals on Wheels website.

To [subscribe to the RSS News Feed](#) please [click here](#).



## Welcome New Staff Member

Meals on Wheels welcomes *Marion Elkins* as the agency's Director of Finance. [Please click on this link to read Marion's bio.](#)



**Marion Elkins**



Please note that **the advertising and sponsorship deadline is Monday, September 8th.** Those interested should please contact Marie at [mporrovecchio@mowrockland.org](mailto:mporrovecchio@mowrockland.org) or at 845/624-6325.

### Meals at Home for Families Facing Breast Cancer



Meals on Wheels Staff members Ilsa Svoboda and Joanna Tower get ready to deliver Magnolia Meals.

Thanks to the Magnolia Meals at Home™ program many of our neighbors living with breast cancer may receive up to six monthly home deliveries of up to

### Support Meals on Wheels

Our programs and services are only possible with support of generous donations. Please consider commemorating a special occasion or sending a message of sympathy with a donation to Meals on Wheels.

**Make a tax-deductible on-line contribution today by [clicking here.](#)**

Like us on Facebook

Join Our Mailing List!

Follow us on twitter

### Estate Planning

Did you know that there may be tax and other benefits in making a planned gift to Meals on Wheels? Planned gifts may include bequests, charitable gift annuities, gifts of stock, and gifts of life insurance for example. For more information, please [click here](#) or contact Marie Porrovecchio at (845) 624-6325 .

### Agency Wish List

Please consider making an in-kind donation to the agency. **Each of our five senior centers would appreciate receiving its own digital camera to better capture more of their events and programs.** If you think you may be able to donate a new digital camera to any of the senior centers, please contact Marie Porrovecchio at (845) 624-6325 or at [mporrovecchio@mowrockland.org](mailto:mporrovecchio@mowrockland.org) Thank you!

seven meals designed to help meet their nutritional needs. In addition, family members may also receive up to 10 meals. To find out if you or a loved one is eligible visit [www.MagnoliaMealsAtHome.com](http://www.MagnoliaMealsAtHome.com) or contact Ilsa Svoboda at [isvoboda@mowrockland.org](mailto:isvoboda@mowrockland.org) or at 845/624-6325.

## Two Important Reports Released on Long Term Care



Please [click here](#) to read the NIH report that examines the economic and social effects of America's aging population, and please [click here](#) to read the RAND Corporation report on the need to improve long-term care for individuals with dementia.

## Meals on Wheels Senior Celebrates 99 Years!



On August 23rd Palma Tessler, member of the Meals on Wheels Clarkstown/Pearl River Senior Center, will celebrate turning 99. Above Palma celebrates a few days early at the Center with her son, Bob Bufano, her granddaughter Laurie Barry and her great-grandson Hunter Barry.



## Got a Scout Troop?

Meals on Wheels welcomes scouts of all age levels to take a tour of Meals on Wheels.

Scouts will see the central commissary where meals are prepared as well as our agency offices and the Meals on Wheels Clarkstown/Pearl River Senior Center. After the tour scouts are welcome to make a craft or card that will be hand delivered to a homebound participant that will be sure to brighten their day. **It only takes about an hour!** For more information [click here](#).



## Growler & Gill Event Raises over \$4,000



Thank you to all those who came out to Growler & Gill in support of our guest bartenders on August 3rd. Over 100 people attended and over \$4,000 was raised in just four hours!

## Exhibitor & Sponsor Deadline for Senior Boot Camp This Monday



A Senior Boot Camp & Expo to benefit Meals on Wheels Programs & Services of Rockland will be held on **Tuesday, September 16th** at the Rockland Community College field house. Seniors from our five senior centers will be attending the themed event: "Let's Get Physical!" while raising funds for the centers. Service providers interested in exhibiting or sponsoring this event please contact Jean LaBosco at (845) 624-6325 or at [jlabosco@mowrockland.org](mailto:jlabosco@mowrockland.org) by **Monday, August 25th**.

Special thanks to our platinum sponsor [A&T Healthcare](#).



## Alzheimer's Support Group Meets at Adult Day Care of Rockland at the Bobbi Lewis Center

The Alzheimer's Association, Hudson Valley/Rockland/Westchester, NY Chapter, offers a support group for family members that meets at the Adult Day Care of Rockland at the Bobbi Lewis Center on the 2nd and 4th Wednesday of the month from 12:30 p.m. to 2:00 p.m.



For more information on the Alzheimer's Association and their programs please [click here](#).

## Subscribe to Office for the Aging Newsletter

*Looking Forward* is an informative bi-monthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



[Click here for information on how to subscribe.](#)

## Seniors Out and About



Meals on Wheels Thorpe Senior Center members enjoy a day of mini golf!

The Meals on Wheels Senior Centers take educational and fun trips on a regular basis. To see what some of the center members have been up to, [visit the senior centers page of our website by clicking here.](#) **Each center now has it's own website page!** Each center's page can be reached through the senior centers page.

**We hope you enjoy the newsletter, and we welcome your feedback.**

**[Meals on Wheels Programs and Services of Rockland](#)**