

# Welcome to the Inaugural Issue of Meals on Wheels' E-Newsletter



## Calling all Dog Owners!

Join us for Meals on Wheels' first annual Wags for Wheels Dog Walk on Saturday, September 8th at Blue Hill Plaza. In conjunction with this event, the agency plans to establish a Pet Food Pantry to provide donated pet food and pet related supplies for senior citizens who, for financial reasons, find it difficult to provide proper nutrition for the pets.

[Learn More...](#)



*Long time volunteer Chirayu Shah delivers Route 10 each week*

## Do you live in Suffern, Pomona, Spring Valley or Nanuet?

If so, we need you and your friends & neighbors too! Please consider assisting Meals on Wheels by delivering meals to homebound individuals. Just one hour of your time each week would make a huge impact to those in need. Can't give quite that much time? Then please consider delivering on a less frequent basis such as on holidays only. Individuals or families are welcome to participate. Please contact

Marissa at [mmoscatello@mowrockland.org](mailto:mmoscatello@mowrockland.org) or at 845/624-6325 or apply on-line at [mowrockland.org](http://mowrockland.org)

[Learn More...](#)



## Meals on Wheels to Honor Michael Pointing at Upcoming Harvest Moon Grand Reception

Please join us on Sunday, October 28th at the Colonial Inn to honor Michael Pointing, General Manager & Vice President of United Water New York. Contact Marie Porrovecchio at [mporrovecchio@mowrockland.org](mailto:mporrovecchio@mowrockland.org) or at 845/624-6325 for reservations, raffle tickets, journal ads or sponsorship opportunities.



**Fran & Solange enjoy caring for the tomato plants**

### **How Does Your Garden Grow? Bobbi Lewis Adult Day Care Seniors Can Answer with Pride**

When Bobbi Lewis participant John Lodico mentioned that his dad grew award winning tomatoes, an idea was sparked in the mind of Recreation Coordinator, Kim Di Berardino. That idea quickly manifested itself into a wonderful tomato garden of three varieties for the Bobbi Lewis seniors. Participants water, feed & care for the plants, donated by Lodico, regularly and look forward to enjoying the fruit of their labor of love.



### **2nd Annual Bill Fortune Memorial Run & Walk Away Hunger Held to Benefit Meals on Wheels**

The 2nd Annual Bill Fortune Memorial Run, presented by the Rockland Road Runners, & the Walk Away Hunger were held on May 20th at Rockland Lake. Over 300 people participated in these events and over \$15,000 was raised to benefit the agency. Thanks to all who participated and volunteered, especially the Fortune family, the Rockland Road Runners, Bernie Casserly, and Race Director, Amy Stern.

### **2012 Drive Away Hunger Golf Challenge Huge Success**



**Michael Connelly & Team**

The 18th Annual Meals on Wheels Golf Outing raised close to \$37,000 for the agency on May 7th at the Philip J. Rotella Memorial Golf Course. Thanks to all who participated with special thanks to our Gold Sponsor, Pfizer, Inc. and committee members Mike

Connelly, Brian Keenan & Ray Francis.

### **2012 Senior Wellness Walk & Expo Draws a Crowd**



Over 120 seniors had a wonderful time at the Meals on Wheels Senior Wellness Walk held June 21st at Rockland Community College. Seniors helped raise close to \$10,000 for agency programs while enjoying

visiting vendors, participating in a walk-a-thon and listening to Heidi Snyder, Pharmacist & Director of Drug World Pharmacy speak about medication safety as well as remarks from Dr. Cliff Wood, the College President, June Molof, Director of the Office for the Aging. We thank our volunteers and generous sponsors, Par Pharmaceuticals, A&T Healthcare, LLC, & Promenade Senior Living.



### **Students Assisting Meals on Wheels - S.A.M.s Club @ Clarkstown South High School**

We are so proud of our S.A.M @ South group! They raised \$ 2,000.00 during the course of the school year by having monthly bake sales, selling Yankee Candles and hosting a rummage sale. We are very fortunate to have such a wonderful group of young adults working to support the agency's goals. We also appreciate the hard work and dedication of Ms. Lisa O'Brien, faculty advisor,

who was instrumental in organizing the group's activities and Principal James Vitale for his support of the program.

