

Meals on Wheels Programs & Services E-Newsletter

May 2013

We invite our participants, volunteers, supporters, and staff to enjoy the May 2013 issue of our E-Newsletter. Please take a moment to read about the most recent agency news.

Wags for Wheels Event to be held June 2nd



Please join us on Sunday, June 2nd at the Children's Park in Chestnut Ridge, NY for the Wags for Wheels Event to benefit Meals on Wheels. Can't join us for what is sure to be a great morning? Then please consider supporting the event with one of our many sponsorship opportunities.

[Click here for more information or to register.](#)

Kids Fight Hunger in our Community



Stepping Stones Students

We offer a big heartfelt thank you to the students of the Unitarian-Universalist Congregation of Rockland's Stepping Stones class who chose Meals on Wheels as the beneficiary of their fundraising project. Students held a cookie sale, "coin harvest," and food drive to collect funds and non-perishables for the agency's Covered Cupboard Shelf Stable Food Program.

May Events Raise Funds



The Fortune Family

Both the 18th Annual Golf Outing and the 3rd Annual Bill Fortune Memorial Run & Walk Away Hunger were held earlier this month. Those participating in both events had a wonderful time and helped raise thousands for Meals on Wheels' important programs!

May is Older Americans Month

May is the 50th anniversary of Older Americans Month! To mark this milestone, the Administration on Aging offers ideas to help **"Unleash the Power of Age"** on a new web site. Please [click here](#) to view that site.

Support Meals on Wheels

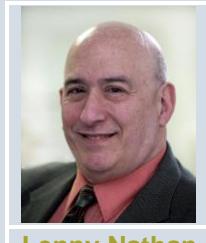
We remain dedicated to serving the needs of Rockland County's seniors and homebound. Our programs and services are only possible with support of generous donations.

Please consider making a tax-deductible on-line contribution today by [clicking here.](#)

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Welcome Newest Board Member



Lenny Nathan

Meals on Wheels is pleased to welcome our newest Board Member, Lenny Nathan. To read Lenny's bio, please [click here](#).

Thorpe Senior Center Art Exhibit

Free and Open to the Public:
Meals on Wheels' own Thorpe Senior Center will hold an art exhibit on Friday, May 24th and Saturday, May 25th from 11:00 a.m. to 3:30 p.m. The exhibit will be held at [Dominican Convent](#), St. Martin's Room, Sparkill.

Board Member Ray Francis and Friends

New Restaurant Opening Benefits Agency

The UNoodles Snack Bar in Haverstraw generously donated \$650 to Meals on Wheels. This donation came from proceeds of the restaurant's recent Grand Opening.



UNoodles Grand Opening

Meals on Wheels' Adult Learning Center Computer Classes Offered



Introduction to Computers, Excel, Picasa, Genealogy, and other computer classes have begun again this month. [Click here](#) for the class schedule or call (845) 623-5467 for more information or to register.

Important News & Links

Free and Open to the Public:
The 28th Annual Senior Awareness Day Conference on Wednesday, May 22nd. Please [click here](#) for more information.

Also free and open to the public: **The Music Makers are performing Sunday, June 2nd at 2pm at the Nanuet Library.** Please [click here](#) to learn more about the Music Makers.

Subscribe to Office for the Aging Newsletter

Looking Forward is an informative bimonthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.

**We hope you enjoy the newsletter, and we welcome
your feedback.**



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**Meals on Wheels Programs and Services of
Rockland**