

# Meals on Wheels Programs & Services E-Newsletter

February 2013

We invite our participants, volunteers, supporters, and staff to enjoy the February 2013 issue of our E-Newsletter. Please take a moment to read about the most recent agency news.

## Elementary School Students Make a Difference



Students donate  
395 boxes

Thanks to the generous donations of the William O. Schaefer (WOS) Elementary School students and staff, and several South Orangetown residents, 395 decorated boxes filled with non-perishable food items, the greatest number of Covered Cupboards collected in eleven years was offered to Meals on

Wheels. Meals on Wheels will deliver the boxes, which are critical in times of inclement weather, to homebound residents in South Orangetown.

*Photo & Story Credit to BJ Greco of South Orangetown School District.*

## Volunteer Secures Matching Grant from Pfizer



Slava Bulynko

Slava Bulynko has been volunteering to assist with recreation activities for seniors for over two years at Meals on Wheels' Bobbi Lewis Adult Social Day Program. In addition to generously donating her time, Slava took extra time to submit for a matching volunteer grant through her employer, Pfizer. As a result Pfizer gifted \$1,000 toward the Bobbi Lewis Program. Thank you Slava! For more information on how to secure a matching gift from your company, send an email to [mschiering@mowrockland.org](mailto:mschiering@mowrockland.org).

## Save the Dates!

We hope you will join us for one or more of the following events:

**May 6, 2013**

[19th Annual Golf Challenge to Drive Away Hunger](#)  
**Philip J. Rotella Memorial Golf Course**

**May 11, 2013**

[3rd Annual Bill Fortune Memorial Run and 5K Walk Away Hunger](#)  
**Rockland Lake State Park**

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## Meals on Wheels welcomes new Board Members



**Bill Madden**



**Mike Seidenfrau**

[Click here to read our new board members' biographies.](#)

## New Home for North Rockland Senior Center



North Rockland  
Seniors

Members of the North Rockland Senior Center move to a new location last month to its Ramapo Senior Center location at New Hempstead Presbyterian Church's Murchison Hall off New Hempstead Road.

To see the coverage from The Journal News

[click here.](#)

## Senior Center Participant Marks 103rd Birthday



Helen Mulligan  
with her daughter  
and grandchildren

Friends and family came together to celebrate Helen Mulligan's 103rd birthday at the Clarkstown/Pearl River Senior Center this week. Helen regularly attends the senior center with her daughter, Mary Karatka.

To learn more about Helen, [click here](#) to read the featured article on lohud.com.

## Agency Receives Grants



**Barbara  
Kohlhausen  
gratefully accepts  
a donation from  
First Niagara Bank  
Staff**

The agency is pleased to announce the receipt of the following recent grants: \$10,000 from BJ's Charitable Foundation to purchase food for the Homebound Meal Delivery Program, and \$1.500 from First Niagara Bank in recognition of the agency's efforts to maintain meal delivery to the homebound during the days following Superstorm Sandy. This is in addition to the generous \$8,450 first Niagara recently donated for the Homebound Program Subsidized Meal Waiting List Relief Program.

## Support Meals on Wheels

We remain dedicated to serving the needs of Rockland County's seniors and homebound. Our programs and services are only possible with support of generous donations.

Please consider making a tax-deductible on-line contribution today by [clicking here.](#)

## Subscribe to Office for the Aging Newsletter

*Looking Forward* is an informative bimonthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



[Click here for information  
on how to subscribe](#)

## Meals on Wheels Featured on News 12

News 12 recently reported that freezing cold weather does not stop Meals on Wheels from delivering hot food. New City volunteers Jim & Linda Ievolella were featured delivering meals despite the frigid temperatures. The agency is very grateful for all of our wonderful volunteers - we absolutely could not provide the level of service we do without them!

Click on the logo below to see the news coverage!



## Meals on Wheels' Adult Learning Center Computer Classes Offered



Basic Skills, Introduction to Computers and other computer classes will be starting again in March. Call (845) 623-5467 to find out how to register or for more information.

**We hope you enjoy the newsletter, and we welcome your feedback.**

**Meals on Wheels Programs and Services of Rockland**

## Important News & Links for Seniors

### February 22nd Medicare Seminar Offered

Presented by Rockland County Office for the Aging. Please [click here](#) for more info.

All federal benefit payments, including **Social Security benefits, will be electronic by March 1, 2013.** To learn more, please visit the web site for the [U.S. Treasury Department](#)

Sign up for Senator Carlucci's **Senior Advisory Committee**. For more information please [click here](#).