



January 2015 E-Newsletter

We invite our participants, volunteers, supporters, and staff to enjoy the January 2015 issue of our E-Newsletter. Please take a moment to read about recent news.

The "Coupon Queen" Donates Two Van Loads of Food!



Senator David Carlucci, Anna D'Souza and Don Hammond pose in front of some of the food donated by Anna

On December 23rd Meals on Wheels was fortunate to benefit from the efforts of Rockland's own Coupon Queen. Anna D'Souza delivered two van loads of food and personal care items to be distributed to beneficiaries of Meals on Wheels programs. Please [click here](#) to watch Verizon Fios Channel 1's coverage the story!

SAVE THE DATE

Please save the date of Saturday, March 21st, 2015 for an evening **Art Auction** to benefit Meals on Wheels Programs & Services of Rockland!



Please [click here](#) for more information.

Support Meals on Wheels

Our programs and services are only possible with support of generous donations. Please consider [commemorating a special occasion or sending a message of sympathy](#) with a donation to Meals on Wheels.

Make a tax-deductible on-line contribution today by [clicking here.](#)

SAVE THE DATE- Guest Bartender Competition!



WHAT'S ON TAP?

Sunday, February 8th
4 - 8 PM

Meals on Wheels Programs & Services of Rockland and Growler & Gill Craft Beer Shoppe invite you to join us and test the pouring skills of our guest bartenders! See if these novice barkeeps are able to "Pour A Pint" without spilling a drop of the perfect draft.



Enjoy sixteen fresh taps of premium craft beer and 600 varieties of bottled beer from around the world. Great raffles! Great prizes!

All tips earned by our guest bartenders will help Meals on Wheels Drive Away Senior Hunger.

GUEST BARTENDERS

4 - 5 PM Paul Paciello, Mary Scanlon & Kevin Mahoney

5 - 6 PM Rob Burns & Lou Dretchen

6 - 7 PM Don Hammond & Ralph Travaglini

7 - 8 PM Mike Seidenfrau & Sharon Martini

GROWLER & GILL CRAFT BEER SHOPPE
148 ROUTE 59 WEST, NANUET, NY

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Estate Planning

Did you know that there may be tax and other benefits in making a planned gift to Meals on Wheels? Planned gifts may include bequests, charitable gift annuities, gifts of stock, and gifts of life insurance for example. For more information, please [click here](#) or contact *Marie Porrovecchio* at (845) 624-6325 .

Welcome New Staff Member

Meals on Wheels warmly welcomes Meryl Hartstein to the position of Outreach Coordinator.



Please [click here](#) to read more about Meryl.

Sani Professional, Division of PDI, Helps Reduce the Homebound Meal Delivery Waiting List



Matt Schiering, General Manager and VP of Sani Professional presents Meals on Wheels' President & CEO Don Hammond with a check.

Thank you to Sani Professional, a division of PDI/Nice-Pak, for a generous \$3,600 towards the Homebound Meal Delivery Waiting List Relief Program. Not only did the company make a much needed donation, but PDI associates also spent time at the agency delivery meals for the homebound and singing holiday songs at the Clarkstown/Pearl River Senior Center!

December Driver of the Month

Congratulations to December Driver of the Month, Walter Gould!



To read more about Walter, please [click here](#).

SAVE THE DATE

Please save the date of Saturday, May 9th, 2015 for the **5th Annual Bill Fortune 10K Run and 5K Run/Walk** to benefit Meals on Wheels Programs & Services of Rockland!



Please [click here](#) for more information.

Adult Learning Center Volunteers Recognized



Award Recipients From Top Left: Mark Neumann, Marty Weitzman, Lilo Kassel and Eileen Herkes

Four long-time dedicated volunteer instructors, pictured above, were presented with an award in recognition of their valuable service to Meals on Wheels' Adult Learning Center of Rockland. The Adult Learning Center of Rockland teaches computer and other technology skills to seniors and is run completely by volunteers.

All in the Family

The Clarkstown/Pearl River Senior Center welcomed Marinna, granddaughter of Center member Louse Pang, who showcased her talents as a harpist and entertained seniors during the holiday season.



Thank you Marinna!

What are our Volunteers Saying About Us?

"When I was looking for a place to volunteer to give back to the community, I felt so welcomed at Meals on Wheels, it was a pleasure to go each week. Though I only had two hours a week to spare to help out with some clerical work for MOW, the staff there were so appreciative that I felt I had changed the world in a small way. Now I am serving on a marketing committee and on special events and fundraising and am so happy to be part of an organization that

Adult Day Seniors Young at Heart



provides such an important service to our community."

*Dawn M. Barclay
Leadership Rockland,
Class of 2015*



Dawn Barclay

Suzi and Lizzie from Young at Heart Entertainment recently visited our Adult Day Care of Rockland at the Bobbi Lewis Center in Nanuet and were very successful in motivating program participants to enjoy a dancing session! Get more information about the program and learn what all the fun is about by [clicking here](#) or by contacting Ilsa Svoboda at isvoboda@mowrockland.org.

R2M Realty Charity Give Back Program

Thank you to R2M Realty for instituting a Charity Give Back Program. Meals on Wheels is proud to be a fortunate beneficiary of this program! Please [click here](#) for more information.



R2M REALTY, INC

Meals on Wheels Staff Members Recognized



Carol Sheiner, Administrative Assistant receiving her 25 Years of Service Award from Meals on Wheels Chairman, Stan Schwarz.

Congratulations to the following Meals on Wheels staff members who were recognized in 2014:

Employee of the Year

Sharon Martini, Volunteer Coordinator

30 Years of Service

Marianne Colucci, Director of Food Service & Nutrition

25 Years of Service

Carol Sheiner, Administrative Assistant

20 Years of Service

Jim Burton, Vice President for Operations

15 Years of Service

Frank Joseph, Commissary Utility/Prep Cook

10 Years of Service

Gustavo Jaquez, North Rockland Senior Center Driver

5 Years of Service

Dave Bellizzi, Transportation Coordinator

Joan Carter, Manager, Ramapo Senior Center

Jean Joseph, Commissary Pot Washer

Madelyn Schiering, Grants & Donor Communications Manager

Alzheimer's Association a Great Resource

The Alzheimer's Association, *Hudson Valley/Rockland/Westchester, NY Chapter*, offers educational programs, a helpline, support groups, care consultation, professional training and more!

alzheimer's 
association™

For more information on the Alzheimer's Association and their programs, please [click here](#).

Subscribe to Office for the Aging Newsletter

Looking Forward is an informative bi-monthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



[Click here for information on how to subscribe.](#)

**We hope you enjoy the newsletter, and we welcome
your feedback.**

[Meals on Wheels Programs and Services of Rockland](#)